

Seabrook Beach Civic Association

"Promoting betterment issues to improve the livability of Seabrook Beach"

Volume 11 – Issue 2

June 2008

Over and Under and Through the Bridge

BY SUSAN SPRUCE

How many of you know that the Hampton draw bridge is on the National Register? How many are aware it's a single draw bridge as opposed to a double draw bridge?

I learned these and much more fascinating info on my visit to the bridge and tower.

As I walked onto the bridge, I was waved forward by the gatekeeper, Jim Hayes. He was closing the gate in anticipation of the bridge going up for an incoming fishing boat. He told me to go up into the tower where I met Dave Francis, bridge operator for this shift. As he started explaining how it works, the bridge was going up and I watched Eastman's Lady Tracey Ann II glide through the opening. Dave pointed out the board on the pier marking how much clearance there is between the height of the water and the bottom of the bridge determining whether a boat can make it under at any given time. Next to call in "for a lift" was the 'Yellow Bird', an independent fishing boat moored in Seabrook harbor. The boat captains will usually radio hi when they reach the bell at the mouth of the river; however, the bridge tenders are ever on the alert nevertheless!

The Hampton River Bridge is a seasonal bridge manned between April 1 and



"Wick" Elderkin

This is a unique job and the men are a unique group with varied backgrounds.

October 31. The Coast Guard rules for a seasonal bridge differ from those of a permanent bridge. For instance, it must be manned 3 hours before and 3 hours after high tide. It must also be manned 1 hour before sunrise and 1 hour after sunset if high tide falls within those windows. Every lift must be documented in the logbook with the time, the name and type of the vessel, whether the boat is coming in or going out and whether the tide is coming in or going out!! Dave also informed me that the bridge is under the jurisdiction of the Department of Transportation, District 6. From November 1 - April 1 District 6 state

employees man the bridge on an "on call" basis.

How it works.. There must always be 2 people present for a lift; one to work the motor room and one to man the outside gates (and to be certain there are no pedestrians on the bridge when it goes up). The call has been radioed in, the siren sounds. At this point, Dave says, they try to wait for a break in the traffic before they close the gates although if the tide is running in it's more difficult for a boat to navigate and sometimes they need to open more quickly. It's easier for the captain to hold it's position and control the boat if the tide is running against it. Now the gate man has closed the gates, gives the OK and the bridge goes up. Once the bridge is down and locked (with a clank!), the gate man

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Information may be edited prior to publication. Please include your name, address and phone number. Do not send anything you need to have returned.



Markey's Lobster Pound

The Markey name has been synonymous with excellence in food service from the Merrimack Valley to the seacoast for over a half century. In 1971, the family opened Markey's Lobster Pound on Route 286 in Seabrook Beach, New Hampshire, a locale that has now become a family tradition in year-round dining for generations of beach-goers.

The restaurant is bright, clean and airy, and features an expansive deck with marsh views for those who prefer to dine outdoors in the ocean air. The atmosphere is beach casual, a style fervently embraced by coastal diners from Maine to Cape Cod.

Tom Markey oversees the kitchen operation, where his competent staff prepares consistently high-quality seafood entrees – fresh lobster, clams shrimp, scallops, and haddock – prepared fried, steamed, broiled or baked. Creamy chowders, french fries, onion rings, coleslaw, salads and corn-on-the-cob are favorite side dishes.

Tom states, "Repeat customers become friends here, so consistency is the key. People expect consistently good food and ample portions at a consistently fair price. We work hard to provide that, and I suspect that has been the key to our success." Tom's wife, Joyce, transitioned from a teaching career into managing the dining room, the bar, and the restaurant staff.



Joyce & Lindsey Markey

The restaurant has a beer and wine license, and the dining room bar also serves steamed clams and mussels. "Being in the dining room is as much an avocation as it is a vocation," Joyce says. "I truly enjoy interacting with our customers. Where can one work surrounded by old and new friends?"

After the interview with the Markey family, our photographer went in to take a few photos and gather some comments this is what Markey's customers had to say:

"The food is great; the service is fast; the ambiance is cozy and quaint. Prices are competitive; but the food is superlative and with generous portions it makes Markey's a wonderful value. Anyone not loving Markey doesn't live in the real world! claims Paul of Beverly, MA.

Mary from Seabrook was eager to say this is an "eat in the rough" restau-

rant. You can pick your own lobster from several tanks that are easy to see. Prices are set to size and quality. Pick your lobster(s), pay and receive a number, choose a table and wait while the lobster is cooked. When your number is called head back up to the lobster area and pick up your meal, go back to the table and enjoy! The lobsters are not cooked first, they are not reheated...they are cooked to order. Be patient waiting for your number to be called. Sometimes when I don't want to work for the lobster meat, I go to the fried food station and order the lobster roll is 1/2 the cost of the pricier places in Essex and Ipswich Massachusetts. The fries are very good. The combination plates are adequate and again, cost a little, sometimes a lot less than the pricier establishments. The view is nice. The counter staff is friendly.

A diner from Montreal said it was his family's annual treat. Seabrook Beach and Markey's strictly good lobster, steamers, crab cakes and fried seafood. As they left the restaurant the grandmother of the group told our photographer she had been coming to Markey's for years, bringing her daughters each year and was thrilled that her daughters are continuing the tradition with their families.

Markey's Lobster Pound –
Route 286 Seabrook, New Hampshire
(603) 474-2851.



become a member today....
Seabrook Beach Civic Association
MEMBERSHIP 2008

Encourage your neighbors to join .
Keep our community going strong!

**Our congratulations to
Mr. Charles Daher**



Photo by Frank J. Leone, Jr.

Charles Daher (left) is being congratulated by auctioneer, Paul McInnis of Amesbury.

When all was said and done...the successful bidder on The Warwick, ocean front beach cottage at Seabrook Beach, Saturday, June 8th was Charles Daher, left, of Andover and Seabrook Beach, Mr. Daher is being congratulated by auctioneer Paul McInnis of Amesbury. The winning bid for the property was \$1,450,000.



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The Seabrook Beach Civic Association Presents

**7th Annual Amateur
Sand Sculpture Competition**

Saturday, July 12, 2008 - 11:00 AM

(Rain Date Sunday, July 13) At the Hooksett Street Beach Entrance

Categories - Under 12, 12-101! Family (any age)

Great Prizes! – Refreshments!

What to bring? Any equipment you need: shovels, pails, etc.

Don't want to participate? Come and enjoy the festivities!



The Seabrook Beach Civic Association has held an

Amateur Sand Sculpting Competition since 2001. The purpose of this competition is strictly fun. The annual event allows families to join together amongst themselves or with their neighbors at the Hooksett Street Beach Entrance. The competition is divided into categories- Children (up to age 12), Adults (12-100) Families (all ages creating one sculpture) and Individuals (both under 12 and above).

Through our program we have seen many lives changed. Youngsters who were once hauling water in tiny colored pails are now teenagers entering in the adult category. Parents who once helped their little ones create are now proud grandparents giving their expert advice and directions from the sidelines.

In order to have the Amateur

Competition each year it is essential we have help. Help comes in many forms.

We need folks who participate setting up the event itself (everything from sectioning off the sand, registering the competitors, cooking hot dogs, judging the sculptures, to cleaning up the food concession stand and taking away the trash). Besides all the hands on, donations are essential. This is where we are hoping you will help us. Gift certificates are always appreciated.

We hope we can count on you to help. Our deadline for the July 12th event is July 5, 2008. Please contact Joan Gallahue at (603) 474-5758 with any questions.

Thank you in advance for your kind support..Joan Gallahue and Al Cestrono, Co-Ordinations of the SBCA Annual Amateur Sand Sculpture Competition.

Brown's Lobster Pound

BY SUSAN SPRUCE

If you come at high tide you'll see that the parking is very limited—but don't worry—this quaint building has been standing for the last 58 years and the tide is just part of the experience and the charm of Brown Lobster Pound.

Brown's Lobster Pound is located on Rt. 286 next to the bridge that crosses the Blackwater River. It is a Seabrook, a coastal, a New Hampshire DESTINATION for lobster lovers and seafood aficionados alike. BYOB, a tablecloth, some candles, family and friends if you like! Have a party in the hall or on the deck overlooking the marsh grass and the Blackwater River breathing in the fresh and invigorating salt air! It's eating "in the rough" and if you get a little messy there are a couple of sinks to get tidied up.

Bruce and Cynthia, the owners of this landmark, are celebrating 50 yrs. of marriage this year. His parents, Hollis and Viola, started the business when Bruce was 13. They retired in 1972 and Bruce took over. Obviously proud of the next generation, he explained that his oldest son, Bob, also started working at 13 and now his son, Kaleb, 20, is here. Bruce II is his youngest son and hopes to take over with Bob when his Dad retires. Of course, not to be forgotten is his middle son, Norman, who owns Millenium Engineering Inc. in Exeter, New Hampshire and Salisbury, Massachusetts and Bayside Engineering in Woburn, Massachusetts.

Bruce Brown is an open, interesting man, talkative and full of "old fashioned common sense" business philosophy. He tells me that he buys the best products and why his suppliers are good to him is because "I pay my bills"! "I can buy scallops at \$8.50 - \$8.75 a pound. I can also pay \$2 less but they have no taste! Why do that and spoil business?" he muses.



At Brown's, they peel and clean their own shrimp and make their own coleslaw sometimes 2 or 3 batches a day. They might average several hundred lobsters a day on a Sunday maybe 200 - 300 a day in the spring and fall. Those include the culls they shell for lobster rolls.

Bruce himself does the ordering for lobsters and clams. He may buy clams and the smaller lobsters from Ipswich, Parker River in Byfield or Maine but the bigger sizes he gets from Maine by calling the day before ordering every 2 or 3 days.

Summers, of course, Brown's Lobster Pound is open seven days a week but only Friday, Saturday and Sunday the rest of the year. Bruce explained Easter has been very busy in recent years and one Mother's Day, he chuckles, "we had 25 employees working!"

And, then, there are people who come here from all over the country and around the world. He once served a tribal chief from Tanzania! I asked "How did he find Seabrook, NH and Brown's"? Turns out a local travel agency had an office in Tanzania and

had planned his itinerary to the U.S. He showed up at Brown's in full native regalia complete with an interpreter and bodyguard (carrying a spear, no less!) and told Bruce he flew here "on big bird"!

Since this is a local interest newsletter, it was especially fun for me to learn that Bruce is a 10th generation descendant of John Brown who settled here in 1638.

His wife is a descendant of John Locke of Rye. The story goes that John Locke, back in the 1600's, was cutting hay with his sickle when he was attacked by an Indian. In the ensuing struggle he cut off the Indian's nose. Years later, his son encountered an Indian with no nose and killed him!

I'm sure Bruce has many more family stories and much more family history to share. I hope he'll think about writing it down some day for posterity!

Bruce is very proud of the fact that in the Aug. 25, 2006 issue, USA Today rated several seafood shacks listing Brown's as one of the top ten "great places to snack" the only one named in New Hampshire!

Seabrook Beach Civic Association Volunteers Needed

In April you received the Seabrook Beach Civic Association Membership form. If you are reading this newsletter, you have joined the Seabrook Beach Civic Association. Thank you.

As most of you know, volunteers make the Seabrook Beach Civic Association what it is. The organization would not exist if it were not for the volunteers. So, when you sent in your SBCA membership form, many of you checked off at least one volunteer box. Again, we thank you, without you we could not function. For those who did not yet volunteer and would like to help the SBCA, below is a list of committees and events. Remember, you can always volunteer and you can choose to volunteer for one time. Should you wish to join a committee or event, you may contact the committee directly or through the Seabrook Beach Civic Association website: www.seabrookbeachcivicassoc.org.

Adopt-A-Highway Committee

The Adopt-A-Highway Committee is Co-Chaired by Dave Francis and Bob Hughes.

Four times each summer season vol-

unteers pick up the trash along Route 1A from Rte 286 to the Hampton Bridge. This is done on Saturday, starting at about 8:00 AM. 1A is divided into 50 foot sections and each is assigned to a volunteer or several volunteers. Depending on the number of volunteers it usually takes less than two hours to complete the



Beautification Committee volunteers

section assigned. All supplies are provided.

The Adopt-A-Highway committee held its first trash pick-up of the season on Saturday, June 21st. The pick-up began at around 8:00 AM and was completed by 9:45 AM. Twenty-five bags of trash as well as other refuse were collect-

ed. Volunteers included Roland Jaques, Chuck DeFrancesco, Ken Clark, Ruth Xavier, Ron and Stephen Plourde, Peter and Phyllis Farfaras, Kristine and Will Sheehan, Dave Francis and Bob Hughes. The next scheduled trash pick-up is Saturday, July 26. We meet at 8:00 AM in the harbor parking lot adjacent to the District Commission meeting room. We appreciate all the assistance we can get, so please try to join us.

The 2008 Adopt-A-Highway days are: July 26, August 28 and September 20.

Advertising

The cost of printing this newsletter, is in part, covered by our advertisers. Hank Therriault coordinates the advertising. If volunteering to help this Committee is not your thing but you are a business person interested in supporting the newsletter and the association by taking out an ad, or you are an individual who would like to surprise someone with a *Happy Birthday* notice you may contact Hank by emailing Hank@PrestonRealEstate.Com or calling him at (603) 474-3453.

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Seabrook Beach Municipal Complex

BY SEABROOK FIRE CHIEF JEFFREY BROWN

Most agency heads, particularly those in public safety agree that a government presence is need at Seabrook Beach.

As the beach area continues to grow and remain a year round community, and as visitors continue to use the main access to New Hampshire, demand for services will continue to grow. The hard part is not the physical building (several options exist which would cost little or nothing at all) but staffing.

A Fire Department presence in the form of a sub-station would require additional staffing, one (1) Engine and one (1) Ambulance would require three (3) additional personnel per shift for a cost of \$750,000. These costs could be offset by grants and revenue. The Police Department staffing is unknown at this time, but would also most likely cost more than the current budget.

The need currently exists for a presence at the beach. In the near future planning should begin to identify costs and operations to determine the benefits vs. the costs so that residents may decide when or if this project will move forward.

Bridge – continued from page 1**Jim Schoenfeld**

opens the gates and traffic can continue.

This is a unique job and the men are a unique group with varied backgrounds.

Jim, the gatekeeper on this particular shift, is a retired Boston business owner. Dave is retired after 31 years working on subs at the Portsmouth Naval shipyard. Dave's brother, Tom, is a retired Concord prison guard. Gatekeeper George "Wick" Elderkin is the 1st mate on the Thomas Leighton out of Portsmouth. Sal Rubera, a motor room operator, is the oldest at 84, has lived at Seabrook Beach for 55 years and is a retired architect. Two weekend and summer employees are Haverhill High School teacher Jim Schoenfeld who summers in Hampton and Jim Bransfield, is a computer graphics teacher at Whittier Vo-Tech. The common thread is that they all have FUN doing this!

"It's a great way to stay busy after retirement", says Dave. "It's part time and we live close by so it's convenient".

However, because the tide dictates their schedules, this work isn't for everyone! They work odd hours, but when they are

'on duty', they are also 'on call' for that 24 hour period, needing to stay available for any unforeseen circumstances. All are part time seasonal employees, paid by the hour with no benefits. To get this job, one has to submit an application to the DOT (Department of Transportation) and wait—maybe for a long time—for an opening!



David L. Scott, PE In-House Design Chief, Bureau of Bridge Design, State of New Hampshire Department of Transportation

As Dave was explaining all this to me, Al Gauron's White Star radioed for a lift and the process began again. It was an active afternoon and it is fun!

Dave was able to give me a tour of the 4 (!) levels of the tower explaining in detail the emergency generator room, the motor room, the entrance and gatekeeper's habitat and the operator's room. Quite an operation! He explained about the updates that are planned and presently out for bid. Updates include the resurfacing of the deck, automating the steel barriers (although the manual gates will remain), replacing and computerizing the 1940's GE large power panel. He assured me the bridge will remain operational during the update.

Neil R. Underwood was born in 1918 and was raised by his aunt, Kate Harrington, at Hampton Beach, NH. He joined the Army Air Corps and became part of a flight crew that trained in Kansas, Kentucky, and California. Lt. Underwood was a pilot in the United States Army Air Corps who was shot down in a flight over Corsica, France on August 17, 1944. His death was caused by a communication error by the ground crew. When the plane was found, his body was missing and never recovered. Investigators thought that he survived the crash and was captured by the enemy and later killed. He was considered a hero even though he was killed in friendly fire.

For more information about the bridge and Neil R. Underwood, you can Google Hampton's Mile Long Bridge and Neil R. Underwood Memorial Bridge

Since another fishing boat was just calling for a lift, it was time for me to beat the gate which Jim closed behind me as I walked off the bridge. I now knew exactly what was happening as the boat entered the harbor and approached the bridge!

Dave said all the operators enjoy meeting people and if you would like to visit you are welcome!

Did I mention the view is great?!

Addendum: David L. Scott, PE In-House Design Chief, Bureau of Bridge Design, State of New Hampshire Department of Transportation was the invited guest speaker at the Seabrook Beach Civic Association meeting on June 16th. Mr. Scott described the plans and explained the schedule for the Neil R. Underwood Jr. Memorial Bridge resurfacing project.

The extensive repair will mean one-way traffic over the bridge beginning the week after Hampton Seafood Festival (approximately September 8, 2008) through mid-June 2009. The September through June schedule will continue for the next three years

The estimated time for completion. The contract has been awarded to SPS New England in Salisbury, Massachusetts for \$6.7 million.

Seabrook Fire Chief

BY SUSAN SPRUCE

Seabrook Fire Chief Jeffrey Brown joined the Seabrook Fire Department as a volunteer when he was 17. He has been full time with the department for 23 years, 6 as chief.

Chief Brown lives only a stone's throw away and therefore, available and pretty much "on call" 24/7! He is a 4th generation firefighter in Seabrook. His great grand-father helped found the fire department which has been full-time since the 70's.

Jeff is married and he and his wife have a son, a dog and a cat. He is a Marine Corps Veteran with 2 college degrees; one an Associate's degree in Fire Science; the other a Bachelor's degree in Fire Management. He attended law school nights receiving his JD four years ago. He is a member of the Mass. and D.C. Bars. He is interested in election law, sports law, homeland security, and possibly legal consulting.

When I asked what his days were like, Chief Brown responded that he "puts out fires, but not the 'real' ones"! He explains that his job on a day to day basis entails a lot of paper work, budgeting and organizing and coordinating the many ongoing and vital training schedules. He works closely with the Hampton, as well as neighboring, fire departments especially at the beach since both jurisdictions are involved. He is currently working on redoing the town's emergency plans which include any kind of radiological event at the nuclear plant.

Our Seabrook Fire Chief, Jeff



Seabrook Fire Chief, Jeffrey Brown

Brown, sits in a small, cluttered (but 'organized clutter') office surrounded by pictures, books patches and trophies that exhibit his many other interests and passion for life! He explains firefighters and collectors trade patches from all over the country and the world -and Jeff has many! As a matter of fact, he had two envelopes with patches on his desk ready to mail, filling requests-one from a Webelo group in Stratham and one to another country.

There is a huge bulletin board filled with patches hanging on one wall and two more, both filled, on the walls of the 2nd floor stairwell. He says he started collecting as a teenager! He also has a collection of old fire helmets decorating his office and claims these are only a few of the many more he has at home.

Jeff is an historical buff and interested 'heavily' in politics. He was a state representative from Seabrook for 4 years and has on his office wall pictures of himself with every President of the U.S. since Pres. Nixon except Jimmy Carter.

I'll bet not many of our membership are familiar with this next one! Growing up as a Navy brat, Jeff and his family landed in Florida and got involved in the late 90's in competition barbeque! He gets down there occasionally to help out and join in the fun. Even though he hasn't competed up here, he is a member of the New England Barbeque Society. 'Big time competition', he exclaims with his magnetic and congenial smile. One 'fire' Jeff really enjoys!



Fireworks

BY SEABROOK FIRE CHIEF JEFFREY BROWN

IF they **SHAKE THE WINDOWS THEY'RE ILLEGAL.**

IF they **CRACKLE & WHISTLE THEY RE ILLEGAL.**

IF they are a **NUISANCE** they are **BEING USED ILLEGALLY.**

Fireworks can be fun if used right at the right time.

Some people think that the rules are not meant for them.

This is not true, the rules are meant for everyone.

Unfortunately enforcement of the fireworks laws are difficult. The State of New Hampshire Laws (RSA 160:B and 160:C) leave a lot to interpretation. Courts traditionally treat fireworks violations as nothing more than that- violations; with minimal fines.

To properly enforce the fireworks laws the police must catch the violator in the act.

If you are bothered by fireworks feel free to continue to call authorities. Please be patient, however, as enforcement is complex. We are as frustrated as you are when it comes to inconsiderate individuals.

The numbers to call Seabrook Police (603) 474-2666 or Seabrook Fire (603)474-2611

Shear Illusions, A Happy Place

BY SUSAN SPRUCE

Because of the Town of Seabrook's signage restrictions, and therefore a resultant small sign, it is not easy to notice this salon, **Shear Illusions**, in the busy-ness of traveling up and down Route 286 and the intersection of 1A.

Well, hello!

Warm and welcoming smiles greeted me when I walked into this open and sunny area! A very surprising contrast to the outer brick facade!

Meet Jessica Brown, owner. Ms. Brown has been at this location for four years after working for the previous owner for seven years. Jessica grew up in Seabrook. She always dreamed of owning her own shop, so, when the opportunity arose and the business where she was already working became available, Jessica was ready!! She was familiar with the existing clientele. It was the realization of her dream! Combined with Jessica's enthusiasm and warm personality, I believe Seabrook has a winner!



Jessica Brown, owner of Shear Illusions

I'm sure her two daughters (age 8 and 12) also appreciate their mother's expertise!

Back to the shop. Shear Illusions is a full-service salon including manicures, pedicures and tanning along with four hair stylists. Walk-Ins are always welcome Shear Illusions is open six days a week, it is closed on Monday.

And it is open year round.

Jessica explained she has a large clientele from Maine through Massachusetts and she plans to stay. What could be more reassuring, inviting and convenient! Why not stop in, meet Jessica and her staff, and give this place a try!

Happy Birthday Phyllis

*It's not the
Age
It's the
Attitude!*



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- Robert & Margaret Leighton
- * Paul Lemoine
- * Frank & Angela Leone
- Peter & Alfred Leone/Rocci
- Elizabeth Little
- * Al & Joan MacQuarrie
- Elizabeth Madoian
- Elizabeth Madoian
- * John & Lorraine Maguire
- David Mahoney
- Richard & Anne Mahooney
- Daniel & Gail Manning
- * Tom & Suzanne Manzi
- MaryGail Marcello
- Jane Markey
- Anne Masse
- Patrick & Beverly McCarthy
- John & Mary Lou McCarthy
- Joan McGilvary
- Ed & Ruthie McGrath
- Larry & Linda McHugh
- Harry & Virginia McKenna
- * Virginia Menihane
- * Margorie Miller
- Peter & Vicki Mitchell
- Patricia Mooradian
- Mary Morin
- * Mike & Gail Morin/Vachon
- * Ed & Joanne Morris
- Kathleen Morris
- Grace Moynihan
- William & Deborah Moynihan
- Robert & Pat Mullen
- Marguerite Murphy
- * Douglas & Maureen Naffah
- Robert & Doris Nagri
- Paul & Shirley Nugent
- Carol O'Dowd
- * O'Hara Family
- Jack & Patricia O'Neal
- * Ann O'Sullivan-Methuen
- * Ann O'Sullivan-Salem
- Bob & Mary Pace
- Donna Padula
- Susan Palleo
- Anthony & Barbara Panto
- * Roger & Dolores Paquette
- Christine & Jennifer Parent
- * Jim & Jilda Patten
- * Joanne Payson
- David & Marge Penkus
- Rosemary Piper
- * Larry & Wendy Pleau
- Ron & Anne Plourde
- * Phyllis Ponty
- Donald Quatralo
- Charlie & Anne Randone
- * Marian Reitano
- Garry & Martha Richards
- * Diana Riley
- * Dave & Anne Ritchie
- Stanley & Rita Robbins
- Judith Robinson
- James & Geraldine Rogers
- * Alphonse & Mary Romano
- * Dorothy Rosenberg
- * Frank & Linda Rossi
- Michael & Jerrylyn Rurak/Stefanil
- * William H. & Mary L. Ryzewic
- * Stanley Saba
- * Michael & Rose Sabbagh
- Joseph & Patricia Santomassino
- Dante Savastano
- Domenic & Kathleen Scalise
- Scalley Family
- * Pauline Scalley
- Dennis & Ann Scannell
- Paul & Jill Seamans
- Edward Shaheen
- * Paul & Molly Sheehy
- John & Ruth Silk
- * Earl & Susan Spruce
- Mary Stack
- Mary Joan Stackpole
- Donald & Mary Stanley
- * Ira & Veta Stone
- * Margaret Strobel
- William Sullivan
- Doris Sweet
- John & Margaret Tanzer
- * Michael & Irene Tarshi
- * Arthur & Varna Terlemezian
- * Nick & Tory Thanos
- Henry Therriault
- Clifton & Marilyn Thompson
- Edward & Monica Walsh
- * Arthur Wickland
- Edward & Ann Wilk
- Susan Wilkerson
- Charles & Lisa Wilkins
- Elizabeth Wilson
- * James & Lillian Wright
- * Ted & Ruth Xavier
- * Alice Ziady

* indicates a donation of more than \$10

These names are as of June 10.

SBCA Volunteers Needed – *continued from page 6*

Ads/notices vary in size and cost. The fees are per issue of the newsletter (there are three issues per calendar year April, July & September) and are paid for in advance.

A business card size ad is \$50, a 1/4 page is \$100, a 1/2 page is \$200 and a full page ad is \$400.

Beautification Committee

The Beautification Committee is mutually spear headed by Roland Jacques, Jack Blackwell, Suzanne Manzi and Patricia Mullen. Together they coordinate all the plantings of trees and flowers and are responsible for assisting other volunteers in the care of both. Roland and Jack note there are no large projects planned for this summer. Sue and Pat coordinate the on going projects which include the maintaining of the plantings along route 1A. Beautification Committee volunteers choose their own schedule though there are times when the coordinators need assistance. While there is a basic clean up project that occurs twice a year, most projects are one time (i.e. planting a tree) while others (such as watering) depend on weather conditions.

Bench Committee

The Bench Committee, under the direction of Ken Clark, is responsible for maintaining, repairing and rebuilding the benches located at the various Seabrook Beach street entrances and installing new benches as deemed necessary. There are currently 69 benches in use at locations from New Hampshire Avenue to Woodstock Street. Many of the older benches are approaching 10 years of age and are very fragile and may need repair over the summer months. Benches break down at a rate of 4 to 5 per year. The new benches have thicker concrete ends and are more durable but are heavy and difficult to move. Volunteers are needed for upkeep and to install new benches.



Having fun on the Adopt-a-Highway clean-up crew

Data Administrator

The Data Administrator, Bob Hughes, works hand in hand as the Membership secretary in compiling the information from the SBCA applications and submitting them to the various Board of Directors and Committee Chairs.

Newsletter

The Seabrook Beach Civic Association Newsletter is an ongoing activity. Stories, photographs and general information regarding the beach and the town are compiled several times a year and placed into a newsletter. At this time, Co-Editors Susan Spruce and Phyllis Farfaras compile the and Linda Hughes creates the actual newsletter. Volunteers of all age are welcome to submit their work to FarfarasAustin@aol.com.

Programs

Doris Sweet, Program Coordinator, is responsible for bringing interesting and timely speakers to the general meet-

ings of the Seabrook Beach Civic Association. Speakers are present at the SBCA General Meetings from June through September at 7:00 PM at the Warren West Building on 1A Seabrook.

The speaker for the July 21 meeting is Officer John Mounsey of the Seabrook Police Department. He will be available for questions after a brief presentation.

Public Safety

Public Safety Coordinator, Frank J. Leone, Jr., is the Seabrook Beach liaison with Seabrook and Seabrook Beach public officials. It is his responsibility to keep the lines of communication open and follow up with various public safety departments, especially when an issue arises. Frank also works with other volunteers in the general safety of Seabrook Beach. This includes police and fire protection, animal control, marine and beach monitoring, and a Neighborhood Watch program. While some of the duties are year round, many are more intense during the summer months.

Webmaster

Our website is the public face of the SBCA online. Webmaster, Peter Farfaras, designed and maintains the website webmaster@seabrookbeachciviccassoc.org including all text, links, and images to keep the website current and relevant to ongoing and potentially new readers.

When readers request information about the organization, he pursues the individuals within the organization who are best equipped to provide the needed information. When appropriate, he integrates that content into the structure of the website. In some cases, this is as simple as adding a single page and a link to a page. If there is a link you would like to see on our website, contact the webmaster at webmaster@seabrookbeachciviccassoc.org. The webmaster and board determines if a link is appropriate and you will be contacted accordingly.

CPR Course is Coming to Seabrook

CPR (cardiopulmonary resuscitation) is a combination of rescue breathing (mouth-to-mouth resuscitation) and chest compressions. It is most successful when administered as quickly as possible, after determining if it's necessary. CPR should be performed ONLY when a person isn't breathing or blood is not circulating adequately. It is performed in hospitals, or in the community by emergency response professionals or by lay people.



EMT Kevin Janvrin

CPR is unlikely to restart the heart, its purpose is to maintain a flow of oxygenated blood to the brain and the heart, thereby delaying tissue death and extending the brief window of opportunity for a successful resuscitation without permanent brain damage. Defibrillation and advanced life support are usually needed to restart the heart.

In March 2008 the American Heart Association, made a historic reversal, endorsed the effectiveness of chest compressions alone--without artificial respiration--for adult victims who collapse suddenly in cardiac arrest. CPR is generally continued, usually in the presence of advanced life support, until the patient regains a

heart beat (called "return of spontaneous circulation" or "ROSC") or is declared dead.

Whenever CPR is needed, you must remember to call for assistance. Current CPR courses teach you that if you are alone with an unresponsive infant or child, give chest compressions for 5 cycles (about 2 minutes) before calling for help.

Three Parts of CPR

The three basic parts of CPR are remembered as "ABC":

A for airway, B for breathing, and C for circulation.

A is for airway. The victim's airway must be open for breathing to be restored. The airway may be blocked when a child loses consciousness or may be obstructed by food or some other foreign object. In a CPR course, participants learn how to open the airway and position the child so the airway is ready for rescue breathing. The course will include what to do to clear the airway if you believe an infant or child has choked and the airway is blocked.

B is for breathing. Rescue breathing is begun when a child isn't breathing. Someone performing rescue breathing essentially breathes for the victim by forcing air into the lungs. This procedure includes breathing into the victim's mouth at correct intervals and checking for signs of life. A CPR course will review correct techniques

and procedures for rescuers to position themselves to give mouth-to-mouth resuscitation to infants, children, and adults.

C is for circulation. Chest compressions can sometimes restore circulation. Two rescue breaths should be provided and followed immediately by cycles of 30 chest compressions and 2 rescue breaths. It is not necessary to check for signs of circulation to perform this technique. This procedure involves pushing on the chest to help circulate blood and maintain blood flow to major organs. A CPR course will teach you how to perform chest compressions in infants, children, and adults and how to coordinate the compressions with rescue breathing.

CPR Course August 11, 2008 at 6:00PM

Want to know more? Want to be certified or re-certified to administer CPR?

The American Heart Association's basic life support course that includes CPR lasts about 3 hours and takes place within one session.

Please complete the form, and mail to the Seabrook Beach Civic Association.

CPR/SBCA
 August 11, 2008
 SBCA P.O. Box 1601
 Seabrook, NH 03874

Monday, August 11, 2008 @ 6:00PM – Warren West Building A1A Seabrook, NH
Please specify certification _____ re-certification _____

Name _____

Address _____

City _____ **State** _____ **Zip Code** _____

Phone (____) _____ **Cell Phone** (____) _____ **Emergency** _____

Payment for this course is \$55.00.

A Reminder...

There are no lifeguards on
 Seabrook Beach.
 Please be responsible
 in your actions.

Volunteers needed for Seabrook Beach Zoning Board

The Seabrook Beach Precinct Commissioners are seeking residents to serve as alternate volunteers on the Beach Zoning Board. The applicant should be a year-round resident and one who is available all year (as needed). The Beach Zoning Board meets on the third Wednesday of the month at 7:00 pm in the Warren West Memorial Building. Volunteers should contact Richard Maguire, Chairman of the Seabrook Beach Commission, if they wish to serve.

The Seabrook Beach Village District

Did You Know?

Seabrook Beach Village District was founded May 2, 1947

On August 6, 1975 the State of New Hampshire Senate and House of Representatives in General Court granted Seabrook Beach Village District the exclusive power to enact and enforce zoning regulations within its territorial limits.

Under RSA 52:12 the annual meeting of a village district must be held between January 1st and May 1st.

Seabrook Beach Village District has three sources of income:

1. Fees (building permits, occupancy permits, ZBA applications)
2. Rental income (retail space, hall)
3. Taxes (on the 2nd tax billing if needed)

The Town of Seabrook does not provide any financial support to the Seabrook Beach Village District.

The monthly meetings of the Seabrook Beach Village District are held on the 2nd Wednesday of each month at 7:00 PM at the Warren West Memorial Building on 1A.

The Seabrook Beach Village District building inspector holds weekly hours on Tuesday evenings from 6:00 to 8:00 PM at the Warren West Memorial Building on 1A.

The phone number for the Seabrook Beach Village District is 603) 474-7029.

Seabrook Beach Village District Proposed Budget 2008

Category	2006	2007	Proposed 2008
Electricity	\$3,000	\$2,500	\$3,500
Natural Gas	\$4,000	\$3,000	\$4,000
Water	\$240	\$240	\$240
Telephone	\$900	\$ 1,000	\$1,000
Adv/Printing	\$2,500	\$2,500	\$2,500
Legal Fees	\$25,000	\$25,000	\$22,500
Bd. of Adj.	\$2,000	\$3,000	\$1,500
Bldg. Insp.	\$19,500	\$20,000	\$22,000
Bldg. Insp. Veh.	\$1,200	\$1,200	\$1,200
Bldg. Insp. Exp.	\$1,500	\$1,500	\$1,500
Insurance	\$1,000	\$1,200	\$1,200
Bldg. Rep/Maint.	\$5,000	\$5,000	\$5,000
Dues	\$800	\$800	\$800
Cleaning & Sup.	\$750	\$1,200	\$1,200
Office Supplies	\$1,450	\$1,000	\$1,000
Clerical Help	\$3,500	\$2,500	\$2,500
Bookkeeping	\$1,000	\$1,000	\$1,000
Land Purchase	\$5,000	\$5,000	\$1,000
Miscellaneous	\$500	\$500	\$500
Total	\$78,840	\$78,140	\$74,140

Seabrook Beach Village District

Beach Commissioners Meetings are held on the 2nd Wednesday of each month at 7:00PM Warren West Memorial Building.

Zoning Board of Adjustment meets on the 3rd Wednesday of each month at 7:00PM at the Warren West Memorial Building.

Commissioner - Richard Maguire,

Chairperson

Anita Diamond

Ted Xavier

Treasurer - Michael Rurak

Secretary - Marilyn McCarthy

Building Inspector - Steve Keaney

(603) 474-7029 - Hours 6:00 p.m. - 8:00 p.m. Every Tuesday. - Warren West

Memorial Building - Contact the building inspector to obtain a building permit

before starting any work on your Seabrook Beach property.

Moderator - Paul Kelley

Round Rock—"Baked Haddock is best around"

BY SUSAN SPRUCE

I had to corral a very busy Kelly Miller at the Round Rock who graciously volunteered a by of time to answer a few questions.

Kelly's brother, Craig Noyes, called her about a year ago and invited her to waitress and help out at the restaurant, the Round Rock Restaurant to be



Server, Sue, with the Saturday morning regulars.

exact, which he had just taken over. She knew Craig had a lot of experience and was good at what he did and she knew they got along great. It was the first year her children were grown so she relocated from Rochester to Salisbury to start on her new adventure. Kelly explained that it's also a larger family affair as her daughter, Jen, 26, cooks and her cousin bartends. Craig mostly manages but according to Kelly can do it all.

The Round Rock had been a popular establishment run by the O'Keefe family for 22 years. My own daughter, Jennifer, reminded me that she had worked there for the O'Keefe family for two summers when they first opened and only had counter service!

Well, thanks to the great food and counter turned bar, the legacy continues and there are still tons of customers at this fun and friendly neighborhood meeting place. So the food? Kelly explains that it's basic beach food. My husband and I think the baked haddock is the best around and the rolls are fabulous! With a cup of coffee or tea, the rolls could be a meal itself!

Round Rock is open for dinner 7 days a week. Always open for lunch on Friday, Saturday and Sunday and an 8:00 AM - 12:00 Noon breakfast buffet is served on both Saturday and Sunday. Oh!

And if you are into karaoke, Chris Michaels is on site Wednesday through Sunday nights. I have no first hand experience, however, Kelly says he is popular and it is always a lot of fun.

On your way out, or while waiting to be served, stop by the door and read a couple of newspaper articles on the wall (Atlantic News by Jessica Jenkins; Lowell Sun dated Saturday, July 25, 1992) about the Round Rock - a little history - a lot of nostalgia!



Alina

By Haley DeRoche

I love my baby cousin.
She is fun to be around.
I love it when she claps and waves her hands.
She can go up a step,
but has trouble going down.

I love my baby cousin.
She is as cute as cute can be.
I like it when she smiles and laughs.
I love it when she plays with me.

I love my baby cousin.
I do not want her to go.
She is moving to Singapore.
She was born a year ago.

I love my baby cousin.
Singapore is so far away.
Her daddy got a job there.
At least she doesn't have to stay.

I love my baby cousin.
At least it's not forever.
Only two-and-a-half years.
But sometimes it can feel like forever.

More information on SBCA Beach Benches

In 2007 the Seabrook Beach Civic Association Board of Directors established the guidelines for benches that allow a maximum of four (4) benches at any street location. Typically two benches are on the roadside and two benches are at the beach.

We have received a few requests for benches at locations that already have the maximum allowed. The Bench Committee members are speaking with those folks regarding their options.

Bench sites at the following locations are available as of June 12, 2008.

New Hampshire Street... 2 on beach

Amesbury Street... 2 on roadside

Groveland Street... 1 on roadside

Methuen Street... 1 on beach

Andover Street... 1 on roadside

The SBCA is considering locating benches in the Harbor side area. Please indicate if you would be interested in locating a bench in this area by contacting Ken Clark at

kenclark34@comcast.net or calling 474-3590.

Other possible options;

1.) Consider another type of memorial that could be located adjacent to the existing benches.

2.) Maintain a waiting list for bench sites that become available.

In 2007 the SBCA Board Of Directors established guidelines for benches that allow four benches at any street location. A few sites already had 5 benches and these will remain.

Seabrook Women's Club begins another year...

On June 11, 2008, the Seabrook Women's Club began its 32nd year with the installation of officers. Camile Lacey officiated and installed Carol-Jean Donohue (President), Sophie Dodge (Vice-President), Janet Labrecque (Recording Secretary), Veta Stone (Treasurer) and Alice Ziady (Corresponding Secretary) and Margaret Campanella (Auditor).

Chair Ladies for the year are Mona Francis (Hospitality), Irene Emery (Membership), Judy Dugan (Programs), Sophie Dodge (Public Service) and Mona Francis (Publicity).

On Tuesday, June 11th Theresa Kyle and Pat Brown presented the Seabrook Women's Club scholarship award of \$1,000 to Sarah Brown at the Winnacunnet High School Honors' Night.

This year the Women's Club is hosting 2 yard sales at the Warren West Memorial Building. The first will be held on Saturday June 28th from 9:00AM-



Carol-Jean, Janet and Veta

2:00PM. The large Annual Seabrook Women's Club Yard Sale will be held on Saturday, September 6.


Program director, Judy Dugan, reported the 2008-2009 schedule:

- July 10 – Comedian Dick Delaney
- July 17 – Isle of Shoals Cruise & Star Island Tour- \$36.00
- August 14 – Ice Cream Social Guest

speaker is Sandy Newman, a senior exercise

•September 11 – Guest speaker... A member of the Seabrook Selectman


Meetings are held the 2nd Thursday of each month at 7:00 PM, unless otherwise noted, in the Warren West Memorial Building on 1A Seabrook.



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Safety Report

BY FRANK J LEONE, JR

Seabrook Police Chief Patrick Manthorn reports that the Seabrook beach area will have 400 hours allotted for patrols. There are 5 officers trained in boating operations which will utilize the ATV or Boat for coastal observation.

No Dogs Are Allowed on Seabrook beach from June to September except during designated times and are always required to be controlled on a leash.

The owner or person having custody of any dog(s) shall not allow the dog to defecate on any public or private property other than the premises of the owner or person having custody, unless the defecation is removed immediately.

Seabrook Fire Department Deputy Chief Strangman reminds all home owners to make sure your street number is on your house in a visible location and a contrasting color.

A message to all do NOT block fire hydrants

Should you see a violation call the Seabrook Fire Department and they will have the vehicle removed.

The Insurance Rating Bureau ISO rat-

ing for Seabrook has improved from 5 to 4 which could lower insurance rates. In order to get a lower rating the Town would need a substation on the West side and the Beach side. The water pressure on hydrants is excellent.

The fire on Hooksett Street is a hazard and the building inspector, Steve Keaney, along with the Labrecque family, are addressing the issue. Everyone is asked to please stay away from the area and to be sure children do as well and to please be patient. The project is moving at a normal pace.

Fireworks are not allowed on the beach or high grass areas on the beach front. Violators can be fined and lose their fireworks.

Parking Enforcement

The Town Of Seabrook Prohibits The Parking Of Any Vehicle At Any Time Under The Following Articles:

- 1) Within Fifteen (15) Feet Of A Fire Hydrant.
- 2) Within Twenty (20) Feet Of An Intersection.
- 3) Within Fifty (50) Feet Of The Termination Of A Dead End Road.
- 4) At Seabrook Beach In The Right Of

Way To The Beach, From 1:00am On The Friday Of Memorial Day Weekend To 12:00 Midnight On September 15th.

5) On Any Real Estate Owner Or Controlled By The Town Of Seabrook Where, At The Direction Of The Selectmen A Sign Is Posted Clearly Indicating Parking Is Prohibited.

6) At The Town Pier Parking Lot Unless A Valid Resident Parking Sticker Is Located On A Window On The Vehicle.


7) On Certain Posted Roads At Seabrook Beach Between 1:00am On The Friday Of Memorial Day Weekend To 12:00 Midnight September 15th Unless The Proper Designated Resident Sticker Or Property Owner Is Displayed On The Vehicle.

8) Stopped Or Parked So As To Impede Or Interfere With The Proper Snow Clearing Operations Of The Town.


9) General Prohibited Parking Of Within A Fire Lane, Parking After Hours Or Blocking A Driveway.

PENALTIES

Any Vehicle Parking In Violation Of A Town Ordinance Is Subject To A One Hundred Dollar (\$100.00) Fine And May Be Towed.




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kara@ytrealtors.com

Seabrook Beach Civic Association

Fireworks Cruise 2008

Wednesday, July 30, 2008

Boat departs at 6:30pm from Eastman's Dock
Seabrook Harbor to Merrimack River, Newburyport
(weather & tides permitting)
Returning for the Hampton Beach Fireworks

Cruise Ticket Price \$15 includes snacks on board - Cash Bar Available

Reserve Tickets by July 25th

Make checks payable to: SBCA

Call Sue Manzi 474-9644 or Bill Carroll 474-3180
or contact any SBCA Board member.

Last chance to Purchase Cruise Tickets
at the SBCA General Meeting Monday, July 21st 7PM

Groups welcomed and Children over 15

Limited Tickets - "A Sell-Out Event Every Year"

2008 Hampton Beach Seafood Festival

September 5th, 6th, 7th

**Come and experience the true taste of
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top restaurants serving an abundance of
mouthwatering seafood delicacies; 80 Arts &
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Sales; a Kiddie Land with the regions most
notable Celebrities in Children's
Entertainment; continuous Culinary Chef
Demonstrations by Pat Whitley; two stages
of continuous entertainment with 15 Bands,
Orchestras, and the US Navy Big Band
inspiring a patriotic medley leading up to
our spectacular Fireworks display on
Saturday, September 8th; and a Sky Diving
extravaganza on Sunday, September 9th.

Step off the beach and join in the fun at..... Seabrook Old Home Days 2008

8/11 - Lions Baby Seabrook pageant

8/11-17 - Softball Tournament

8/12 - Family Night Gov. Weare Park

Diaper Derby
Field Race Events
Lions Horseshoe Tourney
Clowns/Music (Must sign up ahead of time)

8/13 - Basketball Shoot
ages 10-12, 13-15, 16-19. Prizes for 1st, 2nd & 3rd

8/14 - Old Seabrook Slide Show

8/14 - Miss & Little Seabrook Pageant

8/15 - Junior Miss Seabrook OHD Softball Tournery
"Trophies to top 4 teams:"

8/16 - Old Home day Main Event
(on Seabrook School Grounds)

8/20 - Lions's Turkey Shoot


*Schedule subject to change...check with the Seabrook Recreation
Department*



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Just Another Day on the Beach....

By Bob Ciarletta

*Silky sand, cold to the touch,
footprints of people you'll never meet,
A cool breeze, a gentle mist
and the soothing sound of breaking waves.*

Just Another Day on the Beach....

*Tiny sand dollars no bigger than a button,
baby sea urchins and colorful sea glass.
A lobster trap shattered by the powerful surf
and driftwood smoothed by a long journey.*

Just Another Day on the Beach...

*Surfers wait upon their boards,
the water cold and foamy.
The big one comes, they all jump on
and one takes the curl for a ride.*

Just Another Day on the Beach...

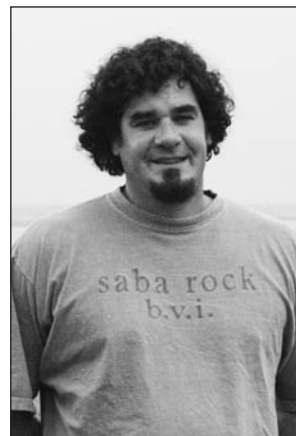
*Seaweed scattered atop the sand,
Shells of every shape and size.
A lone seagull takes flight as the sun
peeks through a passing cloud.*

Just Another Day on the Beach....

*The hermit crabs come out of their shells
and walk safely in a shallow pool.
The snails move slowly with no urgency
as the tide comes in to bring them home.*

Just Another Day on the Beach.

Seabrook Beach Building Inspector



Steve Keaney, would like to remind everyone that it is much easier to call him first (before making any changes to your property) than later.

In addition, weekly trash pickup, until July is only on Monday. From July 1st through Labor Day twice weekly pickup occurs on Monday and Thursday. Please do not put trash out until the night before pickup.



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Jim Giampa Broker, Owner, Realtor

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Seabrook Beach Civic Association

2008 Meeting Schedule & Event Dates
July-October 2008

July 8, 15, 22, 29	Seabrook Beach Building Inspector
July 9	Seabrook Beach Village District Commissioners' Meeting
July 12	Amateur Sand Sculpture Contest
July 14	CPR Course sponsored by the Seabrook Firemen's Association
July 16	Seabrook Beach Zoning Board
July 17	Seabrook Women's Club Isle of Shoals Trip
July 21	SBCA General Meeting @ 7:00 PM Speaker: John A. Mounsey, Seabrook Police Department
July 26	Adopt-A-Highway Clean-up
July 30	SBCA Fireworks Cruise
July 5, 12, 19, 26	Seabrook Beach Building Inspector
August 11	CPR Course (tentative)
August 13	Seabrook Beach Village District Commissioners' Meeting
August 14	Ice Cream Social/Sandy Newman, senior exercise instructor
August 18	SBCA General Meeting @ 7:00 PM
August 20	Seabrook Beach Zoning Board
August 28	Adopt-A-Highway Clean-up
September 11	Seabrook Women's Club... Seabrook Selectman
September 15	SBCA General Meeting @ 7:00 PM
October 20	SBCA General Meeting @ 7:00 PM
October	Sagamore Golf Club Outing (call Bob/Pat @ 474-2186)

* All SBCA Meetings are held at 7:00 PM in the Seabrook Village District Precinct Building unless otherwise noted and all Seabrook Beach residents are invited to attend.

Important Seabrook Telephone Numbers

Police: Emergency 603-474-2666
Police Non-Emergency: 603-474-5200
Crime Line: 603-474-2640
Fire: Emergency 603-474-3434
Fire Non-Emergency: 603-474-2611
Town Manager: 603-474-3252
Town Clerk: 603-474-3152
Library: 603-474-2044

Public Works: Highway 603-474-9771
Transfer Station: 603-474-9765
Recreation Dept: 603-474-5746

Churches:

Church of Christ: 603-474-2660
Saint Elizabeth: 603-926-2206

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Volume 11 - Issue 2 - June 2008

P.O. Box 1601

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www.seabrookbeachcivicassoc.org

